



**Show your support for our severely injured servicemen recovering at Headley Court!**

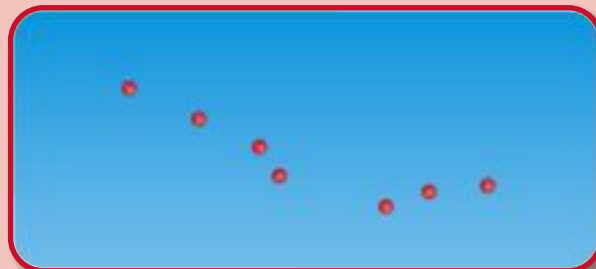


**Friday 26th August 2016**  
**STUBS London to Bruges**  
**Ladies Cycle Challenge**

The third London to Bruges Cycle Challenge solely for novice lady riders, the "Bruges 100" will take a leisurely four days to complete the 230km

to Bruges. Our 100 ladies will enjoy a celebrity send-off in Westminster before taking a riverboat down to Greenwich and the start of the Thames Path. We nightstop in Rochester, Canterbury and Nieuwpoort in Belgium before a triumphal police-escorted ride into the centre of Bruges. This event aims to raise £100,000 for STUBS.

**More at: [www.londonbrugesbikeride.org.uk](http://www.londonbrugesbikeride.org.uk)**



**STUBS** supports the rehabilitation and recovery of the UK's most seriously injured servicemen and women who are in-patients at DMRC Headley Court, near Epsom in Surrey.



**Text "STUBS"**  
**to 70007 and**  
**donate £3**  
**to STUBS**

For more information,  
visit **[www.stubs.org.uk](http://www.stubs.org.uk)**  
or call: **01494-568999**

Registered Charity  
#1128980



\* Texts cost £3 plus your standard network rate. From most users STUBS will receive over £2.90 from each text donation with a minimum of £2.40 received dependent upon your network operator. \*\* Donations from handsets registered in UK and Northern Ireland only.